



Crusader Martial Arts

J A N U A R Y 2 0 1 0

JANUARY

- 9—2nd/3rd Dan Test
- 13—BB Pre Test
- 16—1st Dan Test
- 18—Instructor Meeting
- 23—Potluck
- 26—Weapons Test

FEBRUARY

- 6—Adult, Senior, Tune Up Test
- 13—Kids/Mini Test
- 15—Instructor Meeting

MARCH

- 15—Instructor Meeting
- 26—27 KFCF Conference
- 30—Weapons Test

CRUSADER POTLUCK

It's almost that time again.....food, glorious food and entertainment and the best part.....awards, new belts, certificates...and...food!!!

There will be almost 7 different schools that are under our Kicks For Christ Federation (K.F.C.F.) attending .

We will be holding the Potluck at a different location—**West Elementary Gym, Grandville, MI.** Maps will be printed out for you to pick up at the sign in table.

Please bring a dish/drink to pass. Last Potluck was an awesome turn out of people and food and there was plenty for everyone—we want to do that again so everyone has

If you need ideas we have our Crusader Family Recipe Book for everyone to share their favorite recipes, located in Parent's Lounge. This will not be for publication, only for sharing. **IF** there is an interest to make it public, please see Jaci in the office.



Potluck Time: 12pm—?

12:00pm—arrive

12:30pm— eat

room for seconds and possible thirds.

So make that punchy punch, famous main dish everyone raves about, or a delicious dessert!

Entertainment will be going on during and after eating. Ceremony will follow immediately after eating /entertainment has finished.

Hope to see you there!!

OFFICE SPACE

We have office space available—up to 700 sq ft.

Please see DoJuNim for details.

STUDENTS TESTING FOR 1ST, 2ND, & 3RD DEGREE!

1st Degree's

- Abe Ayor
- Josh Brumels
- Tristan Bryant
- Nathan Byl
- Ethan Duzan
- Nathan Grohman
- Jacob Hartness
- Ken Hilverda
- Elaine Hilverda
- Forrest Longworth

2nd Degree's

- Kurt Meppelink
- Austin Mys
- Robert Ross
- Russ VanValkenburg
- Krystal White
- Kristian Chayer
- Robert DeKryger
- Alec Duzan
- Barb Good
- Robert VanZanen
- Travis Waldhart

3rd Degree's

- Jaci Kinner
- Sarah Kautzmann
- Ryan Lake
- Zac Schutte

K.F.C.F. CONFERENCE

We will be having our first annual K.F.C.F. Conference this March 26th & 27th, (Friday & Saturday).

There will be 10 different Instructors from various schools that are under the K.F.C.F. teaching their specialty.

The 2 day conference will have seminar classes in Hapkido, JuJitsu, Bong, Double Stick, Leadership, Defense Control, and much more!

The conference is open to ALL belt ranks ages 8 yrs old and up—depending on topic.

On Saturday evening we will have a Medieval Banquet—dress up in your favorite Medieval character/costume! The banquet will be catered by 4 different chefs with culinary degrees from our own studio and DoJuNim's family!

The seminar begins Friday evening with registrations, greetings and first set of classes.

Saturday will be an all day seminar starting with an "eye opener" at 8:00am followed by Devotional then classes will start at 9:00am.

Guest Instructors are:

Bernard Schramm
Mrs. MacDonald
Pastor MacDonald
Soke Mark Flaughter
Soke Bob Murphy
Master John Hodges
Master Nate Doggett
Master Marc England
Master Paul Bursley
KyoSuNim Lisa Smith
KyoSaNim Jaci Kinner
KyoSaNim Jen England
KyoSaNim Chad Bartels
SiFu Ryan Lake

FEBRUARY TESTING

Saturday, February 6th—

Adult/Family & Senior Testing— 9:00 am
Tune Up Testing— 1:30 pm

Saturday, February 13th—Kids & Mini's— 9:00 am

All Kids (not Mini's) that are **Red Belt** and higher are in the Senior Belt Test. Sparring is part of the test and they must bring their gear!!!



NEW CLASSES

We will be adding another black belt class to our schedule. Tuesday evenings from 6pm—7:30pm starting February 2nd. Mark your calendars!

We also are talking to a Swing Dancer Instructor and going over details of when to have class. As of right now we are looking at Friday evenings. Costs and times are to be determined.

Keep your eye on the bulletin for updates.

WEAPONS CLASS

Class times for the weapons class has changed slightly. New class times will now be on **Tuesdays, 7:30p—8:30pm starting Feb. 2nd.**

CALENDARS ARE HERE!

The calendars have **FINALLY** arrived!

Cost: \$14.85 (inc. tax)



NEW YEAR'S RESOLUTION

Did you drink too much eggnog over the holidays? How about all those treats and cookies..mmmmm! Are we starting to regret it? Or you just simply want to get back in shape and have more energy?

Muscles in Motion can definitely help you get back to a brand new better you!!

Monday evenings 6pm—7pm cost is a "love offering/donation". Hope to see you there!

NEW BULLETIN BOARD

We have made a new bulletin board just for YOU! :o)

2010 Senior Graduates—post senior pictures and/or open house events.

Baby/Wedding Announcements— post new arrivals pictures, engagements, anniversary announcements, and information.

Business/Advertisement—post your business card, flyer, poster, etc—give one, take one.

This is open to **ALL** family members and students—have fun!