

Crusader Family News

April 2009



Crusader Inc.
A Christ based business
2620 Remico Dr. SW
Wyoming MI 49519
616-247-3868
www.crusadermartialarts.net

Chief Instructor

Bill Church
MasterBillChurch

@crusadermartialarts.net

Office Manager

Jaci Kinner

KyoSaJaci@Crusadermartialarts.net

Event Coordinator

Trinda Dejong

Children's Ministry Director

Lisa Smith

Prayer Warrior Captain & Men's Ministry Director

Mick Setsma

Teen Ministry Directors

Nick Betz & Annette Hollstein

Women's Ministry Director

Joy Dahlquist

Special Thanks from KyoSaNim Jaci:

Thank you to all for your heart-filled prayers and thoughts for my family as we lost a family member on Tuesday, March 24th. My aunt was not alone in her passing as my cousin, brother and I were in the room. God was great in His mercy, compassion and love by letting my Aunt pass on with dignity, no pain and no suffering. It was a beautiful and peaceful passing! Death, as sad and hurtful as it is, is also a beautiful thing. My aunt's passing made me reflect on my life and changes that need to be made in order for me to enjoy life at it's fullest! My cousin made a speech at her funeral and the statement she made, made me think about my life, as I hope it helps you to reflect on your life now and what you think changes(if any) need to be made from here on out. The statement was: "How well did I love, and was I well-loved".

How do you wish to be remembered?

Crusader Update:

Thank you to everyone for making tuition payments on time and taking full advantage of the discount offer! This helps the studio pay it's bills on time. Just want to update you that the studio is doing GREAT! We had a scary month or two, but with God's hand and blessing, we came through with flying colors and are on the up-and-up! We may have lost a few students since last year, but with new programs and classes developing, it is making up for our loss. God is also blessing the studio with new students in these tough economic times!! In the month of March alone, we have gained 5 new students!! That is amazing! All praise and glory to God!

Crusader Blessing of the Bikes Run Saturday, June 6 at 11am

Bring your motorcycle and come for prayer, fun, fellowship. We are planning on a two-hour bike run around town. Entry is a 12" min unwrapped NEW stuffed animal that we will donate to DeVos Children's Hospital. You do not have to be Crusader student or family member to participate.

April Events

4th - Weapons Class 11am
11th - Provisional Test 1pm
16th - BB Pre-Test 6:30pm
18th - Weapons Class 11am
25th - Ladies Self Defense
(In Sparta) 2pm

May Events

2nd-Senior Tune-up Test 9am
2nd-Family White-Orange
1:30pm
2nd-Family Green-Blue 1:30pm
16th-Kids White-Gold Deputy;
Orange-Green Deputy Test
9am
16th-Kids Purple-Blue Deputy
Test 11:30am
16th-Mini's test-All Ranks
2:30pm
18th-Future BB **Mandatory**
Meeting 7:30pm
23rd-Weapons Class 11am
25th-Make-up Test-All Ranks
2:30pm
30th-Weapons Class 11am
30th-Tae Kwon Do Test

June Events

6th-Blessing of the Bikes 11am
15th-2nd Future BB Meeting
Mandatory 7:30pm

HAPPY EASTER APRIL 12

No Jacket Season! Yippee!

May 15th will be the official start of "No Karate Jacket" during classes until the month of September/October. Students can wear any Crusader or Kicks For Christ T-shirt to class, **TUCKED** into their pants along with their belt. Karate Jackets will still need to be worn for testing. Sorry guys.

Crusader T-Shirts:

We have a sign up sheet for Pre-Orders, cost \$10 (plus tax). Deadline to order and pay for your t-shirt will be **April 20th**. Any pre-ordered shirt not paid for by the deadline will have to pay original full price in order to receive their t-shirt.

Families & Students:

With Spring around the corner, the studio could use a little more "love". If you have ideas of how to make the studio look and feel more like "home", please come share your ideas and if it's something we can do, then let's get it done together! For example, if you feel the bathrooms, parents lounge or hallways could use something a little extra or any area for that matter, please let us know.



Taking a Break:

Just a friendly reminder that if you decide to take a month or more off, regardless time of year, that monthly tuition will still be due. The studio can no longer survive and stay in business if students continue to take breaks and not pay, otherwise, there will be no studio to come back to, and students will not be able to get their black belt that they have worked so hard to try and achieve. We pray you understand our situation and that you still enjoy your summer!

Pray with Power

My anointed one, you have the power to move a mountain that stands in someone's way. If you will take the time to pray, My power will be released into the lives of those you lift up to Me. I am your King who hears your prayers. As My prince/princess prayer warrior, I've given you authority to call on Me, the God of the universe, to intervene on your behalf! Don't exhaust yourself trying to fix people or problems in your own strength. I am the one who can make a way when there appears to be no way. So don't underestimate the power in your prayer just because your eyes cannot see Me. Call on Me by faith, and know that I will come.

John 14:13-14 "You can ask for anything in my name, and I will do it, because the work of the Son brings glory to the Father. Yes, ask anything in my name, and I will do it!"

Love,
Your King and Father of miracles

Watch the "Crusader Ministry Board" for new and exciting ministry

Ladies Night Out:

Saturday, April 18th – 6:00pm – 10:00 pm

What to expect:

Using Beauty Control products to pamper yourself (not selling products).

Get a 5 – 10 minute chair massage from a certified Medical Massage Therapist

Gold Party – from 6pm – 8pm.

Bring your gold jewelry in and/or any sterling silver flatware and/or serving pieces see if you can get cash for it!!

Food!!

Comedy!

Fun!!

Theme: Spring!! Wear bright colored clothes or bring bright colored decorations!

Food Theme: Mexican. You can do either or both: bring an ingredient to make tacos or Taco salad OR make a dish, snack, or dessert to pass around.

Punch, popcorn, movie, chips, dip and taco meat will be provided for.

Movie: Bill Cosby Himself

Games: bring your favorite board game to share with others.

Chairs: bring your lounge chair and relax!!



Seamstress

patchwork
uniform hemming
Korean han bak (dress)
Japanese style clothing
Chinese style clothing
Custom weapon bags

Misstressword@yahoo.com

893-5616

Price List:

Patches 4 for \$5.00 or \$1.50 Each

Uniform Hemming - \$10 per piece

OR

\$15 for both pieces

Call or email for custom weapon's bags or clothing.

Sun Bae Nim Heather Lobbezoo

Ladies Self Defense Seminar:

Saturday, April 25th 2:00 pm.

Location: Sparta

Sparta High School students w/ Sparta H.S. picture ID get \$5 off – total cost \$20 per person.

Non-high school students \$25 per person.

Students:

Thank you for your continuous hard work, dedication to not only your study, but helping to keep the studio clean! You are all doing an amazing job and we can't ask for more! Keep up the awesome work! The place looks fabulous and smells great too!





12 Steps to Total Health: (Best You Magazine, page 47-52)

1. Stop Smoking
2. Get 30 minute of light exercise most days
3. Eat at least 5 servings of fruits and vegetables
4. Get recommended screening tests
5. Get at least 7-8 hours of sleep each night
6. Take a daily low-dose aspirin
7. Know your blood pressure numbers
8. Have happy interactions with family and friends
9. Cut most of the saturated fat from your diet
10. Get treated for depression
11. Tame chronic stress
12. Frequently pray, meditate or focus on a higher sense of purpose

Make-Up Expirations: (Best You magazine: page 43)

1. Mascara – 3 months. (most may say 6 months, but 3 months is recommended)
2. Liquid foundation & concealer – 6 – 12 months
3. Powder blush and eyeshadow – 1 year
4. Eye and lip liner pencils – Up to 2 years
5. Liquid Liner – 6 months
6. Lipstick – 1 year

April 2009

Sun	Mon	Tue	Wed	Thu	Fri	Sat
			1	2	3	4 Weapons Class 11am
5	6	7	8	9	10 GoodFriday CLOSED	11 Provisional Test 1pm CLOSED
12 EASTER	13	14	15	16 BB Pre- Test 6:30pm	17	18 Weapons Class 11am Ladies Night Out
19	20	21	22	23	24	25 Ladies Self Defense Sparta 2pm
26	27	28	29	30		

